The Art Of The Pickup

How To Approach, Talk, and Date



Attraction

- Hygiene
 - Clean Non-Oily Hair
 - Shower and Use Deodorant
 - Brush Your teeth
 - Clean, Pressed Clothes
 - Clean Your Nails
 - Light Light cologne



Just Say No





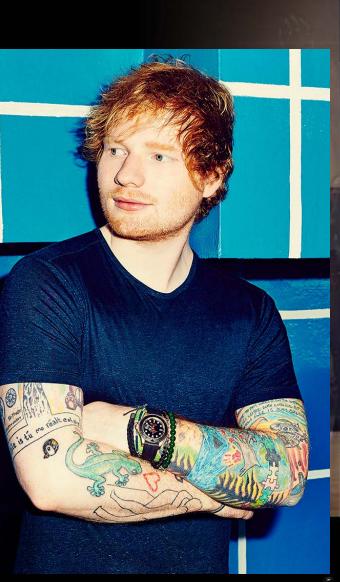




Just Say Yes









Just Say No









Just Say Yes







Just Say Yes









What Women Want

- Confidence
- Ambition and or Social Capital
- Sense of Humor
- Thoughtful Conversation
- Kindness



What Men Want

- Looks Attractive but respectable -if you can't respect yourself, you can't respect your man. Be alluring and garner the right type of attention.
- Easy to talk to.
- Pushes us and encourages us to be better.
- NO DRAMA
- Appreciation



Ground Rules

Understand

- 1 in 4 women has been sexually abused
- Women are cat-called daily
- Men are stronger, more powerful, and can be threatening
- Non-consentual touch is not okay
- All of your romantic relationships will fail, except for 1



It's Kind of Like...





Ground Rules

- NEVER BLOCK THEIR EXIT
- Approach from the side or an angle
- Give them a bubble of space
- Read their body language, not just hear their words
- No means no
- You will get shot down and that's okay
- Practice makes perfect
- Be ready when the time comes



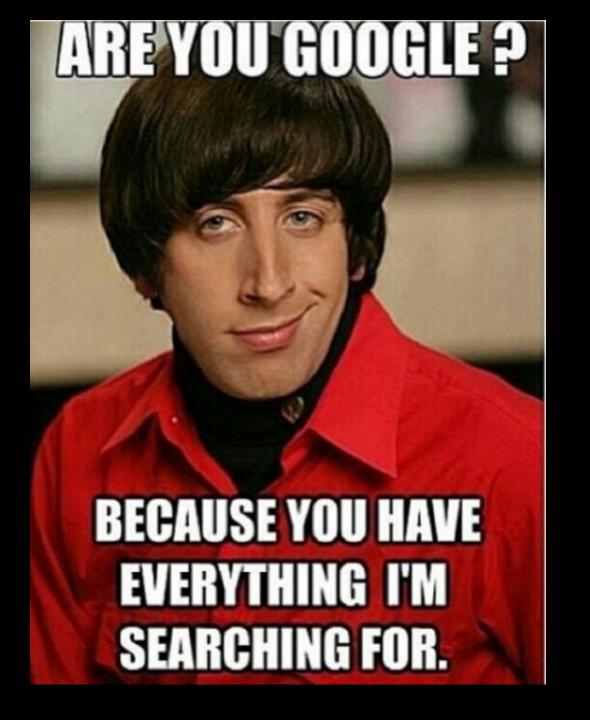
The Approach



- Confidence
- Eye Contact
- Smile

- Indirect
- Direct
- Situational







Pick Up Lines

- Don't Use Them... ever... unless it's a contest.
- Use the formula: Hi + Truth + Question = Start of conversation
- Hey, I've seen you around but I don't think we've actually met before, I'm Bowe. What's your name?
- At school: Hey, I think we have the same Chemistry class.
 I'm Bowe. How are you doing in the class?
- At the mall: Hi. I love that store. Do they have a good sale going right now?
- All this opens the door without making it awkward.



The Truth

- Girls don't really care what you're asking.
- They already know if they want to talk to you, just by the way you approach.
- You're just providing an opportunity to have a conversation.



Body Language





Bad Signs From Women

- Crossed Arms
- Short Answers
- Shifting focus away from you
- Not smiling
- Move away from you
- Stop eye contact



Good Signs From Women

- Smile
- Laugh
- Open posture
- Play with their hair or some nervous tick
- Continue on with the conversation



Closing Out

- Give them Agency and choice
- Ask for their Social Media handles
- Give them your number... don't ask for theirs
- Guys should text first within 48 hours

• Remember... they owe you nothing. Be Nice.

